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## CLAIMS

A physiologically active composition containing:

an extract component from any one of a carpophore, a mycelium and a culture of more than two kinds of the Basidiomycete fungus selected from a group consisting of a fungus belonging to Basidiomycetes Aphyllophorales Ganoderma Ganodermaceae, a fungus belonging to Basidiomycetes Polyporaceae Coriolus, a fungus belonging to Basidiomycetes Agaricales Agaricaceae Agaricus, and a fungus belonging to Basidiomycetes Agaricales Agaricaceae Agaricus, and a fungus belonging to Basidiomycetes Agaricales Hymenochaetaceae Phellinus; and

- an extract component from a root of a plant belonging to Araliaceae .
  - 2. The composition according to Claim 1, wherein the Phellinus fungus is Phellinus linteus.
- The composition according to Claim 1 or 2, wherein the Agaricus
   fungus is Agaricus blazei Murill.
  - 4. The composition according to any one of Claims 1 to 3, wherein the Ganodermaceae fungus is Reishi Fungus and the Coriolus fungus is Coriolus Versicolor.
- The composition according to any one of Claims 1 to 4, wherein
   at least the Ganodermaceae fungus is selected as the Basidiomycete fungus.
  - 6. The composition according to any one of Claims 1 to 5, wherein the Araliaceae plant is a ginseng.
- 7. The composition according to any one of Claims 1 to 6, wherein 25 the oxidation-reduction potential of an aqueous solution of the composition is not more than 1230 mV.

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- 8. The composition according to Claim 7, wherein the oxidation-reduction potential of an aqueous solution of the composition is not more than 330 mV.
- 9. The composition according to any one of Claims 1 to 8, wherein pH of an aqueous solution of the composition is not less than 4.5 and not more than 6.5.
- 10. The composition according to any one of Claims 1 to 9, wherein the extract composition from any one of a carpophore, a mycelium and a culture of the Basidiomycete fungi and the extract component from a root of a plant belonging to Araliaceae are respectively extract components with hot water.
- 11. A drug formulation which is mixed when used and is provided with a first drug comprising an extract component from a carpophore, a mycelium and a culture of one or more than two kinds of the Basidiomycete

  15 fungi selected from a group comprising a fungus belonging to Basidiomycetes Aphyllophorales Ganoderma Ganodermaceae, a fungus belonging to Basidiomycetes Polyporaceae Coriolus, a fungus belonging to Basidiomycetes Agaricales Agaricaceae Agaricus, and a fungus belonging to Basidiomycetes Agaricales Hymenochaetaceae Phellinus,

  20 and a second drug comprising an extract component from a root of a plant belonging to Araliaceae.
  - 12. A preparing method of a physiologically active composition, said method comprising the steps of;

extracting with hot water any one of a carpophore, a mycelium

25 and a culture of a fungus belonging to Basidiomycetes Aphyllophorales

Ganoderma Ganodermaceae and/or a fungus belonging to Basidiomycetes

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Polyporaceae Coriolus;

extracting with hot water any one of a carpophore, a mycelium and a culture of a fungus belonging to Basidiomycetes Agaricales Agaricaceae Agaricus and/or a fungus belonging to Basidiomycetes Agaricales Hymenochaetaceae Phellinus;

extracting a root of a plant belonging to Araliaceae with hot water; and

mixing the extract components with the hot water obtained in the extracting steps.

10 13. A preparing method of the physiologically active composition, said method comprising the steps of:

obtaining a hot water extract from any one of a carpophore, a mycelium and a culture of a fungus belonging to Basidiomycetes Aphyllophorales Ganoderma Ganodermaceae and/or a fungus belonging to Basidiomycetes Polyporaceae Coriolus, a hot water extract from any one of a carpophore, a mycelium and a culture of a fungus belonging to Basidiomycetes Agaricales Agaricaceae Agaricus and/or a fungus belonging to Basidiomycetes Agaricales Hymenochaetaceae Phellinus, and a hot water extract from a root of a plant belonging to Araliaceae separately or from the same extraction system with respect to at least more than two kinds of the hot water extracts, so as to prepare a composition comprising the hot water extract component from any one of a carpophore, a mycelium and a culture of a fungus belonging to Basidiomycetes Aphyllophorales Ganoderma Ganodermaceae and/or a fungus belonging to Basidiomycetes Polyporaceae Coriolus, the hot water extract component from any one of a carpophore, a mycelium and a culture

of a fungus belonging to Basidiomycetes Agaricales Agaricaceae Agaricus and/or a fungus belonging to Basidiomycetes Agaricales Hymenochaetaceae Phellinus and the hot water extract component from a root of a plant belonging to Araliaceae .

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